

Learning about the Sacraments



Everything begins with **BAPTISM**

Maybe you were baptized as a baby. Maybe you were a little older. No matter when it happens, the Sacrament of Baptism welcomes you into the church of God, giving you new life in Jesus.

What does Baptism do?

When Adam and Eve chose to turn away from God, sin came into the world. Jesus came to save us from sin. Baptism frees us from all sin and gives us new life by filling us with the Holy Spirit.



Sacrament Signs

- To show that sin is washed away, the priest or deacon pours water over the person being baptized. He does this three times saying, "I baptize you in the name of the Father and of the Son and of the Holy Spirit."
- The baptized wear white to show they are beginning a new life in Christ.
- They are anointed with oil as a sign that they will follow Jesus in his ministry as priest, prophet and king.
- A candle is lit to show that they will shine Jesus' light in the world.

**did you
KNOW?**

Godparents promise to help the baptized child follow Jesus. At least one of them must be a Catholic. They are role models for the newly baptized.

Sticker
space
here

I know about Baptism!

Start Your Faith Journey with Baptism

Not all the letters in this maze will make it to the end of the road. Help the letters get to the boxes to spell out the word that finishes this sentence:

Baptism is a sacrament of _____



RECONCILIATION

A Gift of Great Love

Ryan and his friend Kyle had a big fight, and Ryan said some hurtful things. Now Ryan feels terrible. And pretty embarrassed, too.

When we hurt others, it can be hard to face them again. And we don't feel good ourselves. That's what sin does. It separates us from people we love, especially God.

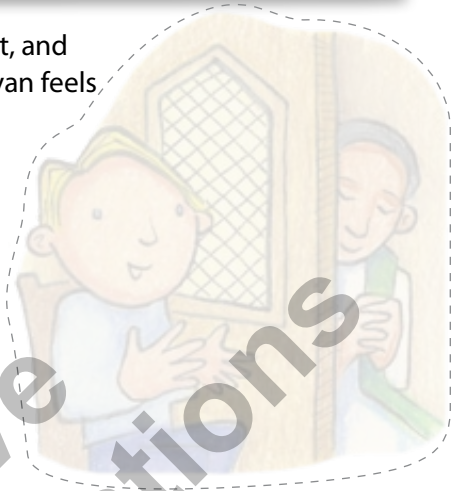
But God loves us. He wants us to be close to him. He's given us the gift of the Sacrament of Reconciliation—also called Confession—so we can say we're sorry and be healed.

What does Reconciliation do?

Ryan feels sorry, but saying he's sorry to his friend mends their relationship. In Confession we say what we have done wrong and that we are sorry. Through the power of the Holy Spirit, we speak directly to Jesus through the priest. Our sins are forgiven. We celebrate this gift of God's forgiveness, because it brings us closer to Jesus, who loves us so much!

**did you
KNOW?**

The "Seal of Confession" means a priest can never talk about anything he hears in Confession.



Sticker
space
here

I know about Reconciliation!

Sacrament Signs

Here's what happens in Confession:

1. **Examination of conscience:** Before Confession, we ask ourselves if our words and actions always show our love for God and others.
2. **Contrition:** We're sorry for the times we haven't shown love.
3. **Confession:** We tell Jesus our sins (through the priest).
4. **Penance:** We show we are sorry for our sins with prayers or actions.
5. **Absolution:** The priest forgives our sins in Jesus' name. Our sins are gone forever.

Find the Lost Lambs!

The little lambs have scattered themselves throughout these words naming parts of Confession. You can help put things in order! First, unscramble the words, writing a letter on each lamb. Then put all the lambs together at the bottom to form a word for what you feel after you have received the sacrament.

Troontiiic



Nesscofoin



Blantiosou



Ceepann



ARE YOU

SACRAMENT-SMART?

When you receive the sacraments, you receive the life of Jesus himself. This book can show you some of the fascinating things about the sacraments—those seven amazing gifts of God’s grace. Watch for these “sacrament signs” on each page, so you know what they mean and why they are so important! When you finish each page, you can add a sticker to show how Sacrament-Smart you are!



Learning about the Sacraments

We find help when someone is injured.
We read to someone in the hospital.
We spend time with the lonely.
We do chores for the elderly.
We listen to those who are suffering.
We pray for doctors and nurses.
We care for the sick.

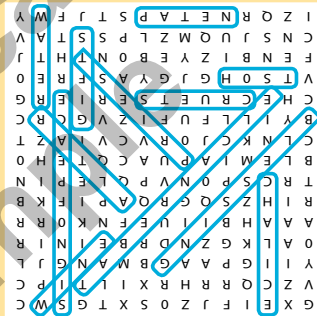
Vitamin Vowels

4. P, L, D, 5. P, L, D, 7. P, D.
3. None. The Bishop does this himself.

Job Jam

1. P, 2. P, D.
TOO, TOE, TIE, TIL, OIL, OWL, OWE

Two-to-one Cake



Find the Lost Lambs!

Baptism is a sacrament of WELCOME.
Start Your Faith Journey with Baptism

1. P, 2. P, D.
3. None. The Bishop does this himself.
4. P, L, D, 5. P, L, D, 7. P, D.

ANSWER KEY

Imprimatur

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