



EXAMINATION OF CONSCIENCE PRAYER

HOLY SPIRIT, SEND forth your light and your truth as I examine my life and consider my sins as they are. Help me to look with honesty at what I have done and what I have failed to do. In your mercy, make me confident of your love for me as I really am. Help me to become more aware of my failings so that I might ask for and receive your healing forgiveness. I ask this in the name of my Savior, Jesus Christ.
Amen.