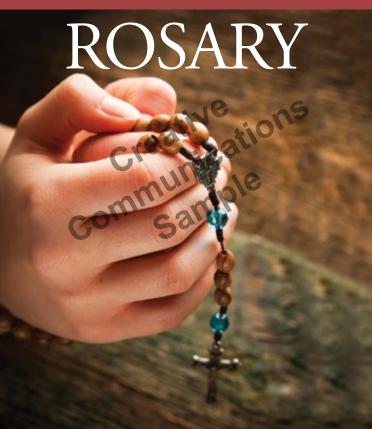
## POCKET PRAYERS FROM

# Living Faith



We never give more honor to Jesus than when we honor his Mother, and we honor her simply and solely to honor him all the more perfectly. We go to her only as a way leading to the goal we seek—Jesus, her Son.

-St. Louis Marie de Montfort

### INTRODUCTION

literally learned to pray the rosary on my grand-mother's knee. Sitting in her rocking chair in her dining room where she prayed her rosaries, my grandmother took me in her lap when I was as a very young boy and lovingly, devoutly explained what the rosary was. "A very special prayer," she said.

At the time, the rosary seemed overwhelming. So many beads, so many prayers. "How could I possibly learn it all?" I asked myself. But my grandmother patiently went through the rosary with me one step at a time. Little by little, I learned how to pray the rosary, the beautiful

lifeline between heaven and earth that Mary has given to us.

Mary answered yes to God's call for her to bring Jesus into the world. I'm sure that she was scared and overwhelmed following her reply. But she trusted in God and took things one step at a time, just the way the rosary is meant to be prayed.

As I consider how the small gestures of my grandmother influenced my life forever and the steps that Mary took to raise Jesus, I hope this little gesture, this booklet, can have a positive impact on you. I pray that it can help remind you that even saying one rosary can change a life, especially if you are in the company of someone else who may be influenced by your example.

—Terence Hegarty

#### The Apostle's Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended into hell; on the third day he arose again from the dead; he ascended into heaven, and is seated at the right hand of God, the Father Almighty; from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

We begin the rosary with this prayer, reminding ourselves that it is a powerful prayer, that we are not alone, that we rely on our faith and on one another to meet the great challenge of living our faith. Heavenly Father, may this statement of our beliefs bring us to a greater understanding that we are all part of one body. May this prayer serve as a defense against things that would cause us to stray from you. May Mary and her rosary lead us to a healthy prayer life and a healthy exercise of living the gospel.

#### The Our Father

Our Father who art in heaven, hallowed be name. Thy kingdom come. Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

When we pray the rosary, holding the larger beads and reciting the Our Father, we have a tangible reminder that we are also holding onto a spiritual lifeline. Mary, through her life on earth and now in heaven, has ever wished to keep us connected to her son, Jesus.

A faith-filled guide to regular recitation of the rosary, this pamphlet can serve as a welcome companion for fostering a deeper prayer life and explains why this devotion is so popular and powerful. The traditional prayers of the rosary are also included.



This book, along with many other Creative Communications for the Parish products, is available on amazonkindle and nook

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