

Called and Confirmed

A Catholic
Confirmation Journal



Name

Introduction

As with any journal, the user is responsible for filling in the pages. However, if you are open to it, you will have plenty of help filling the pages of the journal that you now hold in your hands since you have received the gifts of the Holy Spirit. Now, you can be more in touch with the divine, you can explore your greater wisdom and understanding as you record your faith journey and document your feelings during this exciting period in your life.

The prompts at the start of each page, we hope, will lead you to a greater awareness of your own feelings and of the powerful role that the Holy Spirit will play in your life.

At such a critical time in your faith life, this journal can serve as a faithful companion, along with the Holy Spirit, as you take advantage of the opportunity for deep, personal reflection. With Scripture verses and insightful prompts on each page, you will record some of your feelings on your new journey of faith.

Our hope is that, as you use this journal regularly (we could even say “faithfully”), it will become a treasure in the making and a keepsake for years to come.



Who am I? There are all sorts of answers to this question, but which answers really speak the truth of who I am and, especially, who I have become since Confirmation? God has made me in his image and given me his spirit; perhaps that is the place where I should start to look for my answer.

...then the LORD God formed the man out of the dust of the ground and blew into his nostrils the breath of life, and the man became a living being.

Genesis 2:7

Creative
Communications
Sample

In the Mass, we quote the centurion who said to Jesus, “Lord, I am not worthy...” It’s difficult to call ourselves unworthy in a world that constantly tells us that everyone is OK no matter what they do. How can I find peace in understanding myself as unworthy apart from Christ “saying the word” that “I shall be healed”?

The centurion said in reply,
“Lord, I am not worthy to have
you enter under my roof; only
say the word and my servant
will be healed.” ...When Jesus
heard this, he was amazed and
said to those following him,
“Amen, I say to you, in no one in
Israel have I found such faith.”

Matthew 8:8, 10

Creative
Communications
Sample

God is the Creator of the universe and everything in it: 14 billion years of history covering space larger than we can easily imagine, all of it held continually in existence by his Word. Yet that very same Word also gives his Spirit to me so that we can remain intimate friends. In God's universe, I am immensely important!

Look at the birds in the sky;
they do not sow or reap, they
gather nothing into barns,
yet your heavenly Father
feeds them. Are you not more
important than they?

Matthew 6:26

Creative
Communications
Sample

Called and Confirmed

A Catholic Confirmation Journal

Called and Confirmed is a beautiful gift to the recently confirmed that will allow them to continue to celebrate their new life in the church. This journal can serve as a powerful way for the confirmed to continue the enthusiasm for the faith that they have gained by celebrating this beautiful sacrament.

At such a critical time in the faith life of the confirmed, this aid affords them the opportunity for deep, personal reflection. It features insightful prompts and plenty of space on each page for the user to write about their faith journey.

As prompts are answered on such topics as "I am made in the image of God" and "Receiving the Holy Spirit," this journal will become a treasure in the making and a keepsake for years to come.

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