



Receive the Lord

Teaching Plan

Teaching Tips

Ahead of introducing *Receive the Lord* to the children, take time to familiarize yourself with the contents. Review this handout and how it correlates to the children's resource.

The resource is designed for children to interact with. Have the children follow along as you read aloud, and engage them in hands-on interaction with the resource, as suggested in the teaching steps below.

Background

Since we receive Jesus sacramentally in the celebration of the Eucharist, learning about the Mass is foundational to First Communion preparation. In many Catholic parishes, it's traditional for children preparing for the sacrament to make banners as keepsakes of this important day. But First Communion signs and banners can also serve as tactile learning tools, as children work with images of bread, wheat, grapes, and other elements of the Eucharistic feast.

While this booklet explains the images used in typical First Communion banners, you do not necessarily have to make one to get use out of it. Using the Mass as a framework, it explains in concrete terms the objects, symbols, signs, gestures, readings, and prayers that form our celebration of the Eucharist. Encourage children to look for these each time they go to Mass.