

good news

2024-2025 Catholic
Student Planner



1 Corinthians 13:13

Name _____

August 2024

SUNDAY

MONDAY

TUESDAY

4 18th Sunday in Ordinary Time	5 Civic Holiday (CAN)	6
11 19th Sunday in Ordinary Time	12	13
18 20th Sunday in Ordinary Time	19	20
25 21st Sunday in Ordinary Time	26	27

July 2024

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

September 2024

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Something to pray for

Find Sunday's Mass readings, fun videos, informative church year resources and information about our Catholic Faith throughout the school year **HERE!** ➔



WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

	1	2	3
7	8	9	10
14	15 The Assumption of the Blessed Virgin Mary	16	17
21	22	23	24
28	29	30	31

Long-term Projects

SUNDAY, AUGUST 04

18th Sunday in Ordinary Time

August 2024

August 2024						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

MONDAY, AUGUST 05

The Dedication of the Basilica of Saint Mary Major
Civic Holiday (CAN)

TUESDAY, AUGUST 06

The Transfiguration of the Lord

WEDNESDAY, AUGUST 07

Pope St. Sixtus II and Companions; (d. 258)
St. Cajetan (1480-1547)

The Transfiguration of the Lord, (celebrated on Tuesday), explains the experience of Peter, James and John on the mountain with Jesus. When they witness the miraculous change in Jesus' appearance, the disciples become "fully awake." What is the message in this story for you?



Good News travels...

[Jesus said,] "It is written in the prophets: 'They shall all be taught by God.' Everyone who listens to my Father and learns from him comes to me."

John 6:45



THURSDAY, AUGUST 08

St. Dominic (1170-1221)

FRIDAY, AUGUST 09

St. Teresa Benedicta of the Cross (1891-1942)

SATURDAY, AUGUST 10

St. Lawrence (d. 258)

SUNDAY'S READINGS

19th Sunday in Ordinary Time

1 Kings 19:4-8

Psalms 34:2-9

Ephesians 4:30—5:2

John 6:41-51

I sought the LORD, and he answered me,
delivered me from all my fears.
—Psalm 34:5

WHAT'S THE WORD?

In next Sunday's Gospel, Jesus' interaction with the crowd left them with some serious questions about Jesus' grasp of reality. How could this man be The "living bread"? The "living bread"? Rejecting the unknown, the different, results in a lost opportunity to learn from them. Jesus spent his life teaching, and his message was different, sometimes radical.

FAITH, HOPE LOVE...

Looking back at my life, I know God has taught me to...

LORD JESUS, I PRAY...

Help me to know how I can teach others about...

NOTES:

SUNDAY, AUGUST 11

19th Sunday in Ordinary Time

August 2024

August 2024						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

MONDAY, AUGUST 12

St. Jane Frances de Chantal (1572-1641)

TUESDAY, AUGUST 13

Sts. Pontian and Hippolytus (d. 235)

WEDNESDAY, AUGUST 14

St. Maximilian Mary Kolbe (1894-1941)

This year the Feast of the Assumption is celebrated on a Thursday and is a Holy Day of Obligation. Take time this week to ask the Blessed Virgin Mary to pray for you that you will have the courage to live the Beatitudes as Jesus instructed throughout this school year.

SUNDAY, AUGUST 18

20th Sunday in Ordinary Time

August 2024

August 2024						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

MONDAY, AUGUST 19

St. John Eudes (1601-1680)

TUESDAY, AUGUST 20

St. Bernard of Clairvaux (1090-1153)

WEDNESDAY, AUGUST 21

Pope St. Pius X (1835-1914)

We celebrate the feast day of St. Bartholomew, Apostle, on Saturday. Make a list of all the apostles. How many can you name? If you did not list all twelve, find out which ones you have forgotten and add them to your list.



Good News travels...

[Jesus] said, "For this reason I have told you that no one can come to me unless it is granted him by my Father."

John 6:65



THURSDAY, AUGUST 22

The Queenship of the Blessed Virgin Mary

FRIDAY, AUGUST 23

St. Rosa of Lima (1586-1617)

SATURDAY, AUGUST 24

St. Bartholomew, Apostle (1st century)

SUNDAY'S READINGS

21st Sunday in Ordinary Time

Joshua 24:1-2a, 15-17, 18b

Psalm 34:2-3, 16-21

Ephesians 5:21-32

John 6:60-69

The righteous cry out, the Lord hears
and he rescues them from all their afflictions.
—Psalm 34:18

WHAT'S THE WORD?

We ask God to give us things all the time, but do we consider asking God to grant permission for Jesus to come into our lives? Accepting Jesus, in his words and his body and blood, goes beyond asking for human permission. The gift of baptism, and our acceptance of the responsibilities that come with it, is God's personal OK. Our willingness to live our Christian call every day of our lives assures the permission will continue.

FAITH, HOPE, LOVE

The words of Jesus that I struggle with the most are...

I PRAY

Grant that I may better understand and follow the words of the Gospel.

NOTES:

SUNDAY, AUGUST 25

21st Sunday in Ordinary Time

August 2024

August 2024						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

MONDAY, AUGUST 26

TUESDAY, AUGUST 27

St. Monica (322-387)

WEDNESDAY, AUGUST 28

St. Augustine (354-430)

St. Monica prayed fervently that her son Augustine would cast aside his pagan beliefs and become faithful to Jesus Christ. When he was 31, Augustine had a conversion experience and remained a devout Christian for the rest of his life. He was canonized and later recognized as a Doctor of the Church in 1298 by Pope Boniface VIII.



Good News travels...

[Jesus] summoned the crowd again and said to them, "Hear me, all of you, and understand. Nothing that enters one from outside can defile that person; but the things that come out from within are what defile."

Mark 7:14-15



THURSDAY, AUGUST 29

The Passion of Saint John the Baptist

FRIDAY, AUGUST 30

SATURDAY, AUGUST 31

SUNDAY'S READINGS

22nd Sunday in Ordinary Time
Deuteronomy 4:1-2, 6-8
Psalm 15:2-5
James 1:17-18, 21b-22, 27
Mark 7:1-8, 14-15, 21-23

Who does not slander with his tongue,
does no harm to a friend...
—Psalm 15:3

WHAT'S THE WORD?

The Pharisees and scribes were shocked when Jesus and his disciples didn't wash their hands because Jewish ritual laws require washing. But Jesus used their criticism to make an important point. It's what comes from within us, through our words and actions, that matters the most.

FAITH, HOPE, LOVE

Is there something that comes from me that continues to hurt others?

I PRAY

I know you want me to love others. Help me to speak and act in loving ways so that your love always shines through me. Amen.

NOTES:

December 2024

SUNDAY

MONDAY

TUESDAY

1 First Sunday of Advent	2	3
8 Second Sunday of Advent	9 The Immaculate Conception of the Blessed Virgin Mary	10
15 Third Sunday of Advent Gaudete Sunday	16 Las Posadas begin.	17
22 Fourth Sunday of Advent	23	24 Christmas Eve
29 Holy Family of Jesus, Mary and Joseph	30	31 New Year's Eve

November 2024

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

January 2025

S	M	T	W	T	F	S
		1	2	3	4	
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Something to pray for

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

4

5

6

7

11

12

13

14

18

19

20

21

Winter begins.

25

The Nativity of the Lord
Christmas Day

26

Boxing Day (Canada)
Kwanzaa begins

27

28

Long-term Projects

SUNDAY, DECEMBER 01

First Sunday of Advent

December 2024

December 2024

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

MONDAY, DECEMBER 02

TUESDAY, DECEMBER 03

St. Francis Xavier (1506-1552)

WEDNESDAY, DECEMBER 04

St. John Damascene (676-749)

St. John of Damascus, whose feast day is December 4, was the last of the great Greek Fathers of the Church. And he lived in Jerusalem.



Good News travels...

As it is written in the book of the words of the prophet Isaiah: *Every valley shall be filled and every mountain and hill shall be made low. The winding roads shall be made straight, and the rough ways made smooth, and all flesh shall see the salvation of God.*

Luke 3:4a, 5-6; Isaiah 40:4-5



THURSDAY, DECEMBER 05

FRIDAY, DECEMBER 06

St. Nicholas (d. c. 343)

SATURDAY, DECEMBER 07

St. Ambrose (340-397)
Pearl Harbor Remembrance

SUNDAY'S READINGS

Second Sunday of Advent
Baruch 5:1-9
Psalm 126:1-6
Philippians 1:4-6, 8-11
Luke 3:1-6

I am confident of this, that the one who began a good work in you will continue to complete it until the day of Christ Jesus. —Philippians 1:6

WHAT'S THE WORD?

Modern 4-wheel-drive vehicles may have no problem navigating the rough, dry, mountainous terrain in Jesus' part of the world, but Isaiah's words still have a message for us today. Is there anything you can do to contribute to the fulfillment of Isaiah's prophecy? How will your life announce the salvation of God?

FAITH, HOPE, LOVE

When I speak to others about Jesus, I want them to know...

I PRAY

May words and actions reflect your love for all of creation. Amen.

NOTES:

SUNDAY, DECEMBER 08

Second Sunday of Advent

December 2024

December 2024

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

MONDAY, DECEMBER 09

The Immaculate Conception of the Blessed Virgin Mary (Gospel: Luke 1:26-38)

TUESDAY, DECEMBER 10

WEDNESDAY, DECEMBER 11

Pope St. Damasus 1 (c. 305-384)

The followers of John the Baptist felt deeply satisfied when they heard him preach.
Blessed are they who hunger and thirst for righteousness for they will be satisfied (Matthew 5:6).



Good News travels...

Now the people were filled with expectation, and all were asking in their hearts whether John might be the Messiah. John answered them all, saying, “I am baptizing you with water, but one mightier than I is coming.”

Luke 3:15-16a



THURSDAY, DECEMBER 12

Our Lady of Guadalupe

FRIDAY, DECEMBER 13

St. Lucy (d. 304)

SATURDAY, DECEMBER 14

St. John of the Cross (1542-1591)

SUNDAY’S READINGS

Third Sunday of Advent

Zephaniah 3:14-18a

Isaiah 12:2-6

Philippians 4:4-7

Luke 3:10-18

Then the peace of God that surpasses all understanding will guard your hearts and minds in Christ Jesus.
—Philippians 4:7

WHAT’S THE WORD?

Think about the best teachers you have ever had. What made them great teachers? John the Baptist, an excellent teacher, insisted that people change their lives—their behavior—not an easy message to accept. Yet, people felt drawn to hear him teach because he held their attention with suspense and expectation. Jesus’ style, like John’s, was persuasive and engaged listeners who couldn’t help be curious about what would happen next.

FAITH, HOPE, LOVE

If I could ask John the Baptist what I should do, I expect he would say...

I PRAY

Teach me your ways and walk with me as I teach others. Amen.

NOTES:

SUNDAY, DECEMBER 15

Third Sunday of Advent
Gaudete Sunday

December 2024

December 2024

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

MONDAY, DECEMBER 16

Las Posadas begin.

TUESDAY, DECEMBER 17

WEDNESDAY, DECEMBER 18

With exams, papers due and shopping, this week and next may be one of the busiest of the year. Jesus was born in the peace of a winter night.
How will you manage to find your own peaceful night to allow Jesus to come into your life?



[Elizabeth said to Mary,] “Blessed are you who believed that what was spoken to you by the Lord would be fulfilled.”

Luke 1:45

THURSDAY, DECEMBER 19

Lined writing area for Thursday, December 19.

FRIDAY, DECEMBER 20

Lined writing area for Friday, December 20.

SATURDAY, DECEMBER 21

St. Peter Canisius (1521-1597)

Lined writing area for Saturday, December 21.

SUNDAY’S READINGS

Fourth Sunday of Advent

Micah 5:1-4a

Psalm 80:2-3, 15-16, 18-19

Hebrews 10:5-10

Luke 1:39-45

But you, Bethlehem-Ephrathah
least among the clans of Judah,
From you shall come forth for me
one who is to be ruler in Israel... —Micah 5:1

WHAT’S THE WORD?

Mary traveled many miles to visit her cousin Elizabeth to help her with the soon-to-be-born baby. How did Elizabeth already know Mary’s exciting news? They both had known the prophets’ words telling of the coming of the Messiah. Part of their joy must have come knowing that they were blessed to play such an important role in fulfilling the prophecies.

FAITH, HOPE, LOVE

I think the Beatitude that best describes the life of the Virgin Mary is...

I PRAY

Fill me with the joy that Jesus, the Messiah, brought into the world. Help me to be a bearer of this joy and peace to everyone I meet. Amen.

NOTES:

Lined writing area for notes.

SUNDAY, DECEMBER 22

Fourth Sunday of Advent

December 2024

December 2024

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

MONDAY, DECEMBER 23

St. John of Kanty (1390-1473)

TUESDAY, DECEMBER 24

Christmas Eve

WEDNESDAY, DECEMBER 25

The Nativity of the Lord
Christmas Day

The fear of being lost or in losing someone dear can be overwhelming. This week make an effort to pray especially for families experiencing fear and anguish.



Good News travels...



[Jesus] went down with [Mary and Joseph] and came to Nazareth, and was obedient to them; and his mother kept all these things in her heart. And Jesus advanced [in] wisdom and age and favor before God and man.”

Luke 2:51-52

THURSDAY, DECEMBER 26

St. Stephen, The First Martyr (d. 36)
Boxing Day (CAN)

FRIDAY, DECEMBER 27

St. John, Apostle and Evangelist (1st century)

SATURDAY, DECEMBER 28

The Holy Innocents, Martyrs

SUNDAY'S READINGS

The Holy Family of Jesus, Mary and Joseph
1 Samuel 1:20-22, 24-28 or Sirach 3:2-6
Psalm 84:2-3, 5-6, 9-10
1 John 3:1-2, 21-24 or Colossians 3:12-21
Luke 2:41-52

Lord God of hosts, hear my prayer... —Psalm 84:9

WHAT'S THE WORD?

Like other Jewish boys, Jesus would have spent hours studying the Law and Hebrew Scriptures while he listened to adults, absorbing their wisdom. Do you think the panic of Mary and Joseph in losing Jesus turned to pride when they found him teaching in the temple?

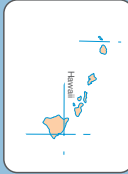
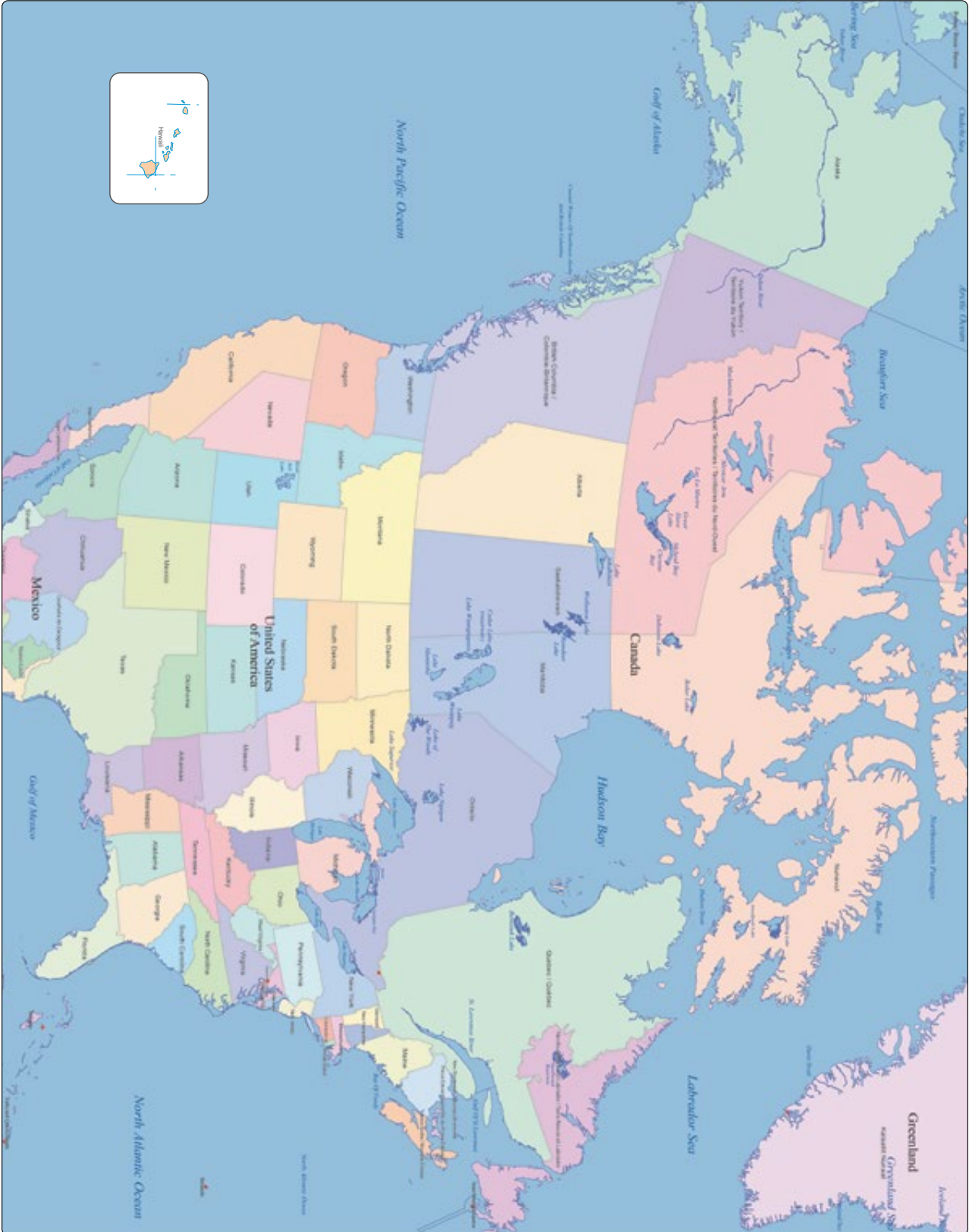
FAITH, HOPE, LOVE

I hope my parents think of me as a person of wisdom because...

I PRAY

I open my heart to the Holy Spirit. May I be enlightened with wisdom. Amen.

NOTES:



UNITED STATES of AMERICA

NATIONAL CAPITAL:

DC	District of Columbia STATES	Washington CAPITALS
AK	Alaska	Juneau
AL	Alabama	Montgomery
AR	Arkansas	Little Rock
AZ	Arizona	Phoenix
CA	California	Sacramento
CO	Colorado	Denver
CT	Connecticut	Hartford
DE	Delaware	Dover
FL	Florida	Tallahassee
GA	Georgia	Atlanta
HI	Hawaii	Honolulu
IA	Iowa	Des Moines
ID	Idaho	Boise
IL	Illinois	Springfield
IN	Indiana	Indianapolis
KS	Kansas	Topeka
KY	Kentucky	Frankfort
LA	Louisiana	Baton Rouge
MA	Massachusetts	Boston
MD	Maryland	Annapolis
ME	Maine	Augusta
MI	Michigan	Lansing
MN	Minnesota	St. Paul
MO	Missouri	Jefferson City
MS	Mississippi	Jackson
MT	Montana	Helena
NC	North Carolina	Raleigh
ND	North Dakota	Bismarck
NE	Nebraska	Lincoln
NH	New Hampshire	Concord
NJ	New Jersey	Trenton
NM	New Mexico	Santa Fe
NV	Nevada	Carson City
NY	New York	Albany
OH	Ohio	Columbus
OK	Oklahoma	Oklahoma City
OR	Oregon	Salem
PA	Pennsylvania	Harrisburg
RI	Rhode Island	Providence
SC	South Carolina	Columbia
SD	South Dakota	Pierre
TN	Tennessee	Nashville
TX	Texas	Austin
UT	Utah	Salt Lake City
VA	Virginia	Richmond
VT	Vermont	Montpelier
WA	Washington	Olympia
WI	Wisconsin	Madison
WV	West Virginia	Charleston
WY	Wyoming	Cheyenne
PR	Puerto Rico (Commonwealth)	San Juan

CANADA

NATIONAL CAPITAL: Ottawa, Ontario

PROVINCES/TERRITORIES

		CAPITALS
AB	Alberta	Edmonton
BC	British Columbia	Victoria
MB	Manitoba	Winnipeg
NB	New Brunswick	Fredericton
NL	Newfoundland & Labrador	St. John's
NT	Northwest Territories	Yellowknife
NS	Nova Scotia	Halifax
NU	Nunavut	Iqaluit
ON	Ontario	Toronto
PE	Prince Edward Island	Charlottetown
QC	Quebec	Quebec City
SK	Saskatchewan	Regina
YT	Yukon Territories	Whitehorse

CONTINENTS and COUNTRIES of the WORLD

NORTH AMERICA

Anguilla
 Antigua & Barbuda
 Aruba
 Bahamas
 Barbados
 Belize
 Bermuda
 Br. Virgin Islands
 Canada
 Cayman Islands
 Costa Rica
 Cuba
 Dominica
 Dominican Republic
 El Salvador
 Grenada
 Guadeloupe
 Guatemala
 Haiti
 Honduras
 Jamaica
 Martinique
 Mexico
 Netherlands Antilles
 Nicaragua
 Panama
 Puerto Rico
 St. Kitts & Nevis
 St. Lucia
 St. Vincent & The Grenadines
 Trinidad & Tobago
 United States
 U.S. Virgin Islands

SOUTH AMERICA

Argentina
 Bolivia
 Brazil
 Chile
 Colombia
 Ecuador
 French Guiana
 Guyana
 Paraguay
 Peru
 Suriname
 Uruguay
 Venezuela

AUSTRALIA & OCEANIA

American Samoa
 Australia
 Cook Islands
 Fiji
 French Polynesia
 Guam
 Kiribati
 Marshall Islands
 Micronesia
 Nauru

New Caledonia
 New Zealand
 Niue
 Northern Mariana Islands
 Palau
 Papua New Guinea
 Pitcairn
 Solomon Islands
 Samoa
 Tonga
 Tuvalu
 Vanuatu

EUROPE

Albania
 Andorra
 Austria
 Belarus
 Belgium
 Bosnia - Herzegovina
 Bulgaria
 Croatia
 Cyprus
 Czech Republic
 Denmark
 Estonia
 Finland
 France
 Germany
 Greece
 Greenland
 Hungary
 Iceland
 Ireland
 Italy
 Latvia
 Liechtenstein
 Lithuania
 Luxembourg
 Macedonia
 Malta
 Moldova
 Monaco
 Montenegro
 Netherlands
 Norway
 Poland
 Portugal
 Romania
 San Marino
 Serbia
 Slovakia
 Slovenia
 Spain
 Sweden
 Switzerland
 Turkey
 Ukraine
 United Kingdom
 Vatican City
 Yugoslavia
 Antarctica

AFRICA

Algeria
 Angola
 Benin
 Botswana
 Burkina Faso
 Burundi
 Cameroon
 Cape Verde
 Central African Republic
 Chad
 Comoros
 Democratic Republic of the Congo
 Republic of the Congo
 Cote d'Ivoire (Ivory Coast)
 Djibouti
 Egypt
 Equatorial Guinea
 Eritrea
 Ethiopia
 Gabon
 Gambia
 Ghana
 Guinea
 Guinea-Bissau
 Kenya
 Lesotho
 Liberia
 Libyan Arab Jamahiriya
 Madagascar
 Malawi
 Mali
 Mauritania
 Mauritius
 Morocco
 Mozambique
 Namibia
 Niger
 Nigeria
 Réunion
 Rwanda
 Saint Helena
 Sao Tome & Principe
 Senegal
 Seychelles
 Sierra Leone
 Somalia
 South Africa
 South Sudan
 Sudan
 Swaziland
 Tanzania
 Togo
 Tunisia
 Uganda
 Western Sahara
 Zambia
 Zimbabwe

ASIA

Afghanistan
 Armenia
 Azerbaijan
 Bahrain
 Bangladesh
 Bhutan
 Brunei
 Cambodia
 Central African Republic
 China
 Georgia
 India
 Indonesia
 Iran
 Iraq
 Israel
 Japan
 Jordan
 Kazakhstan
 North Korea
 South Korea
 Kuwait
 Kyrgyzstan
 Laos
 Lebanon
 Malaysia
 Maldives
 Mongolia
 Myanmar (Burma)
 Nepal
 Oman
 Pakistan
 Palestine
 Philippines
 Qatar
 Russian Federation
 Saudi Arabia
 Singapore
 Sri Lanka
 Syria
 Taiwan
 Tajikistan
 Thailand
 Timor-Leste
 Turkmenistan
 United Arab Emirates
 Uzbekistan
 Vietnam
 Yemen

PARTS OF SPEECH

NOUNS

Words which refer to people, places and things.

Common nouns are words like these:

country space shuttle

Proper nouns are capitalized:

United States Columbia

PRONOUNS

Pronouns are words that replace nouns:

she he it them

Pronouns are used in three ways:

- in the nominative case (the subject of the sentence)
- in the objective case (the object of the sentence)
- in the possessive case (shows ownership)

ADJECTIVES

Adjectives modify nouns and pronouns:

difficult cool restricted

VERBS

Verbs express physical and mental actions:

tabulate repair meditate

Verbs also express states of being:

is will be has been

ADVERBS

Adverbs describe verbs, adjectives or other adverbs:

*She moved **slowly**.*

*The diamond was **very** expensive.*

*The bass part seemed **too** loud.*

CONJUNCTIONS

Conjunctions connect words, clauses and phrases:

*The store sold toys **and** games.*

*The meaning became apparent, **but** the wording was unclear.*

PREPOSITIONS

Prepositions come before a noun or pronoun and tell how that word relates to another word in the sentence:

*The doctor pushed **on** the bruise as she looked **at** my face.*

INTERJECTIONS

Interjections are words or phrases that express strong feelings, often used with an exclamation point:

No! Watch out! Man, that was hard!

PUNCTUATION

PERIOD

The period ends a sentence and is used after the letters of an abbreviation:

Sam Smith, M.D. Susan Smith, Ph.D.

COMMA

The comma—

- separates words in a list:
I bought shoes, socks, and mittens.
- is used before a conjunction that joins two clauses with subjects and verbs:
Jason and Jill went for the ball, but neither caught it.
- sets off clauses and phrases:
Steve, who just turned 13, had never been out of the city.
- is used after a dependent clause that starts a sentence:
When your grades come up, I will raise your allowance.
- sets apart words that refer to each other:
Johann Gutenberg, the printer, lived over 500 years ago.
- separates the words like cities and states or the numbers in dates:
*Detroit, Michigan, is "Motown."
September 29, 2024, is my birthday.*

QUOTATION MARKS

Double quotation marks are used at the beginning and the end of a quotation.

Single quotation marks begin and end a quote within another quote:

Jesus said, "So should it be with you.

When you have done all you have been commanded, say 'We are unprofitable servants.'"

Commas and periods usually fall inside the quotation marks, but colons and semicolons usually fall outside.

COLON

The colon introduces a statement, a list or a quotation:

Please bring the following things to class:

pencils, calculators, and notebooks.

Discuss the following well-known quotation:

"It was the best of times; it was the worst of times."

SEMICOLON

The semicolon may be used instead of a conjunction between independent clauses or when a word like "however" joins them:

The detective stopped; he gasped.

I did not finish my homework; however,

I did clean my room.
Semicolons are also used to separate lists in which commas are already being used:

The film opened in these major cities:

St. Louis, MO; Denver, CO;

and Los Angeles, CA.

HYPHEN

The hyphen separates the parts of some compound words, some prefixes and suffixes, and some descriptive words:

After-school program

Pre-World War II airplane

President-elect

APOSTROPHE

The apostrophe is used in contractions (when letters are left out of a word or combination of words):

We'd come if we weren't busy.

Apostrophes also are used with the letter s to show possession:

This is Mary's cellphone.

For nouns ending in s or for plural nouns, only the apostrophe is used to show possession:

They are Jesus' disciples.

Jesus is the disciples' Lord.

CAPITALIZATION

Capitalize:

- the first word of every sentence.
- the first word of a quotation, even when it appears within another sentence.
She said, "We don't need help."

- proper nouns—
*President of the United States
July is the seventh month.
Advent is a season of the Church.*
- proper adjectives—
A Christian school

*They share the Hispanic heritage
The Democratic party*

- titles or substitutes for proper nouns
*Professor Smith walked to the podium to begin his lecture.
Wait until Uncle John says so.*

PERIODIC TABLE of the ELEMENTS

1 IA	2 IIA	3 IIIB	4 IVB	5 VB	6 VIB	7 VIIB	8 VIIB	9 VIIB	10 VIIB	11 IB	12 IIB	13 IIIA	14 IVA	15 VA	16 VIA	17 VIIA	18 VIIA
1 H Hydrogen 1.008	2 He Helium 4.002602	3 Li Lithium 6.94	4 Be Beryllium 9.0121831	5 B Boron 10.81	6 C Carbon 12.011	7 N Nitrogen 14.007	8 O Oxygen 15.999	9 F Fluorine 18.998403163	10 Ne Neon 20.1797	11 Na Sodium 22.98976928	12 Mg Magnesium 24.305	13 Al Aluminum 26.9815385	14 Si Silicon 28.085	15 P Phosphorus 30.973761998	16 S Sulfur 32.06	17 Cl Chlorine 35.45	18 Ar Argon 39.948
19 K Potassium 39.0983	20 Ca Calcium 40.078	21 Sc Scandium 44.955908	22 Ti Titanium 47.867	23 V Vanadium 50.9415	24 Cr Chromium 51.9961	25 Mn Manganese 54.938044	26 Fe Iron 55.845	27 Co Cobalt 58.933194	28 Ni Nickel 58.6934	29 Cu Copper 63.546	30 Zn Zinc 65.38	31 Ga Gallium 69.723	32 Ge Germanium 72.630	33 As Arsenic 74.921595	34 Se Selenium 78.971	35 Br Bromine 79.904	36 Kr Krypton 83.798
37 Rb Rubidium 85.4678	38 Sr Strontium 87.62	39 Y Yttrium 88.90584	40 Zr Zirconium 91.224	41 Nb Niobium 92.90637	42 Mo Molybdenum 95.95	43 Tc Technetium (98)	44 Ru Ruthenium 101.07	45 Rh Rhodium 102.90550	46 Pd Palladium 106.42	47 Ag Silver 107.8682	48 Cd Cadmium 112.414	49 In Indium 114.818	50 Sn Tin 118.710	51 Sb Antimony 121.760	52 Te Tellurium 127.60	53 I Iodine 126.90447	54 Xe Xenon 131.293
55 Cs Cesium 132.90545196	56 Ba Barium 137.327	57-71 Lanthanoids	72 Hf Hafnium 178.49	73 Ta Tantalum 180.94788	74 W Tungsten 183.84	75 Re Rhenium 186.207	76 Os Osmium 190.23	77 Ir Iridium 192.227	78 Pt Platinum 195.084	79 Au Gold 196.966569	80 Hg Mercury 200.592	81 Tl Thallium 204.38	82 Pb Lead 207.2	83 Bi Bismuth 208.98040	84 Po Polonium (209)	85 At Astatine (210)	86 Rn Radon (222)
87 Fr Francium (223)	88 Ra Radium (226)	89-103 Actinoids	104 Rf Rutherfordium (261)	105 Db Dubnium (268)	106 Sg Seaborgium (266)	107 Bh Bohrium (264)	108 Hs Hassium (269)	109 Mt Meitnerium (268)	110 Ds Darmstadtium (269)	111 Rg Roentgenium (269)	112 Cn Copernicium (285)	113 Nh Nihonium (286)	114 Fl Flerovium (289)	115 Mc Moscovium (289)	116 Lv Livermorium (293)	117 Ts Tennessine (294)	118 Og Oganesson (294)



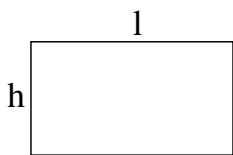
Subcategory in the metal-metalloid-nonmetal trend (color of background)
 Alkaline metal (red), Alkaline earth metal (orange), Noble gas (pink), Polyatomic nonmetal (light green), Lanthanide (blue), Actinide (yellow), Diatomic nonmetal (light blue), Transition metal (purple), Post-transition metal (grey), Unknown chemical properties (light grey)

State of matter (color of name)
 GAS (red), LIQUID (orange), SOLID (blue), UNKNOWN (grey)

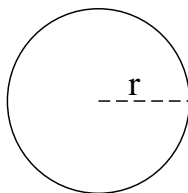
57 La Lanthanum 138.90547	58 Ce Cerium 140.116	59 Pr Praseodymium 140.90766	60 Nd Neodymium 144.242	61 Pm Promethium (145)	62 Sm Samarium 150.36	63 Eu Europium 151.964	64 Gd Gadolinium 157.25	65 Tb Terbium 158.92535	66 Dy Dysprosium 162.500	67 Ho Holmium 164.93033	68 Er Erbium 167.259	69 Tm Thulium 168.93422	70 Yb Ytterbium 173.046	71 Lu Lutetium 174.9668
89 Ac Actinium (227)	90 Th Thorium 232.0377	91 Pa Protactinium 231.03688	92 U Uranium 238.02891	93 Np Neptunium (237)	94 Pu Plutonium (244)	95 Am Americium (243)	96 Cm Curium (247)	97 Bk Berkelium (247)	98 Cf Californium (251)	99 Es Einsteinium (252)	100 Fm Fermium (257)	101 Md Mendelevium (258)	102 No Nobelium (259)	103 Lr Lawrencium (260)

MATH

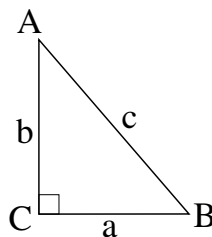
AREA & VOLUME



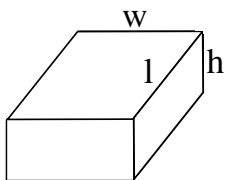
Perimeter of a rectangle = $2(l + h)$
Area of a rectangle = $l \times h$



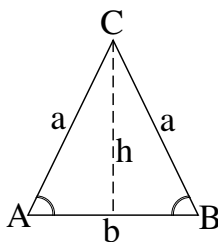
Circumference of a circle = $2\pi r$
Area of a circle = πr^2



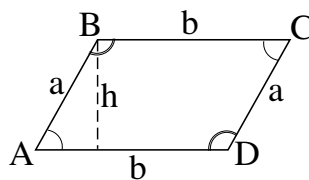
Area of a right triangle = $ab/2$
Pythagorean Theorem: $c^2 = a^2 + b^2$



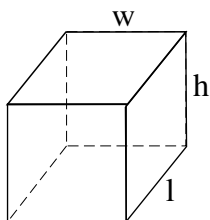
Surface area of a rectangular prism = $2(wl + lh + wh)$
Volume of a rectangular prism = $l \times w \times h$



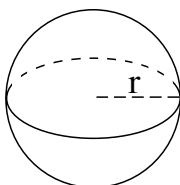
Area of isosceles triangle = $bh/2$



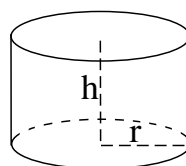
Area of parallelogram ABCD = bh



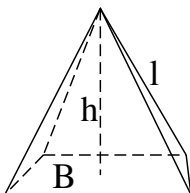
Volume of a cube = s^3
(s = area of a side)



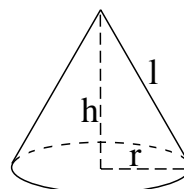
Surface area of a sphere = $4\pi r^2$
Volume of a sphere = $4\pi r^3/3$



Surface area of a cylinder = $2\pi r h + 2\pi r^2$
Volume of a cylinder = $\pi r^2 h$

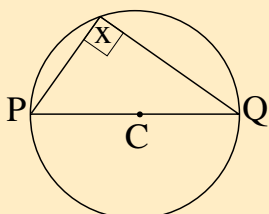


Volume of a pyramid = $Bh/3$ (B = area of the base)
Surface area of a pyramid = $Pl/2 + B$
(P = perimeter of base; l = height of slanted side)

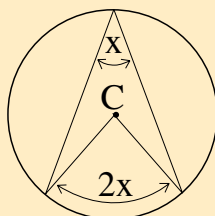


Volume of a cone = $\pi r^2 h/3$
Surface area of a cone = $\pi r l + \pi r^2$
(l = height of slanted side)

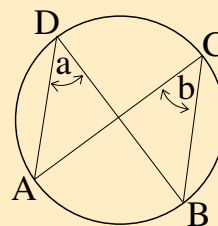
CIRCLE THEOREMS



$x = 90^\circ$
(when PQ is the diameter)



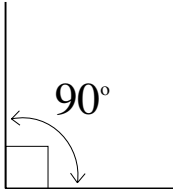
(when C is the center of the circle)



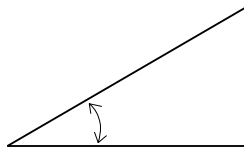
$\angle a = \angle b$
(Angles subtended on the same arc AB)

MATH

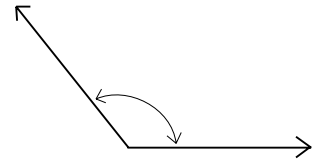
GEOMETRIC ANGLES



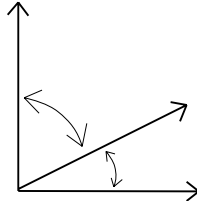
A right angle = 90°



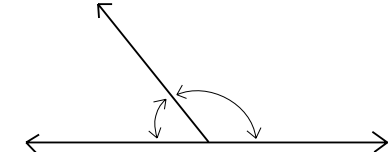
An acute angle = less than 90°



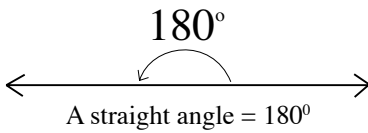
An obtuse angle = greater than 90°



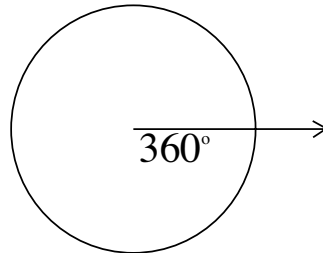
Complementary angles add up to 90°



Supplementary angles add up to 180°

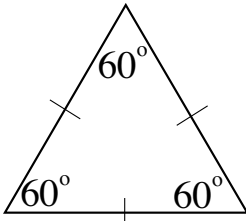


A straight angle = 180°

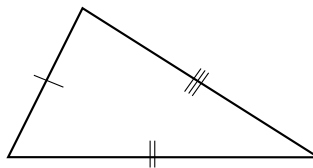


One complete angle of rotation = 360°

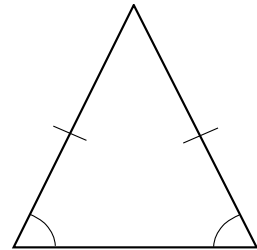
GEOMETRIC CONGRUENCY



Equilateral triangle:
3 sides of equal length
3 angles of 60° each



Scalene triangle:
3 unequal sides
3 unequal angles



Isosceles triangle:
2 sides of equal length
2 base angles are equal

FRACTIONS & DECIMALS

1	=	1.0	=	100%	1/5	=	.20	=	20%
7/8	=	.875	=	87.5%	1/6	=	.167	=	16.7%
3/4	=	.75	=	75%	1/7	=	.143	=	14.3%
2/3	=	.667	=	66.7%	1/8	=	.125	=	12.5%
5/8	=	.625	=	62.5%	1/9	=	.111	=	11.1%
1/2	=	.5	=	50%	1/10	=	.1	=	10%
3/8	=	.375	=	37.5%	1/11	=	.091	=	9.1%
1/3	=	.333	=	33.3%	1/12	=	.083	=	8.3%
1/4	=	.25	=	25%	1/16	=	.0625	=	6.25%

The **BOOKS** of the **BIBLE**

OLD TESTAMENT

PENTATEUCH

Genesis
Exodus
Leviticus
Numbers
Deuteronomy

HISTORICAL BOOKS

Joshua
Judges
Ruth
1 Samuel
2 Samuel
1 Kings
2 Kings

CHRONICLER'S HISTORY & LATER

1 Chronicles
2 Chronicles
Ezra
Nehemiah
Tobit
Judith
Esther
1 Maccabees
2 Maccabees

WISDOM BOOKS

Job
Psalms
Proverbs
Ecclesiastes
Song of Songs
Wisdom
Sirach

PROPHETIC BOOKS

Isaiah
Jeremiah
Lamentations
Baruch
Ezekiel
Daniel

12 MINOR PROPHETS

Hosea
Joel
Amos
Obadiah
Jonah
Micah
Nahum
Habakkuk
Zephaniah
Haggai
Zechariah
Malachi

NEW TESTAMENT

GOSPELS AND ACTS

Matthew
Mark
Luke
John
Acts

LETTERS

Romans
1 Corinthians
2 Corinthians
Galatians
Ephesians
Philippians
Colossians
1 Thessalonians
2 Thessalonians
1 Timothy
2 Timothy
Titus
Philemon
Hebrews
James
1 Peter
2 Peter
1 John
2 John
3 John
Jude

Revelation

The **MYSTERIES** of the **ROSARY**

Joyful Mysteries

The Annunciation
The Visitation
The Birth of Our Lord
The Presentation of Jesus in the Temple
Finding of Jesus in the Temple

Sorrowful Mysteries

The Agony in the Garden
The Scourging at the Pillar
The Crowning with Thorns
Jesus Carries His Cross to Calvary
Jesus Dies on the Cross

Glorious Mysteries

The Resurrection of Jesus
The Ascension of Jesus
The Descent of the Holy Spirit
The Assumption of Mary into Heaven
The Coronation of Mary

Luminous Mysteries

The Baptism of Jesus
Jesus' Self-revelation at the
Wedding Feast in Cana
The Proclamation of the Kingdom
and the Call to Repentance
The Transfiguration of Christ
The Institution of the Eucharist
at the Last Supper

The Morning Offering

O JESUS, through the Immaculate Heart of Mary, I offer you all my prayers, works, joys, and sufferings of this day, for all the intentions of your Sacred Heart, in union with the holy sacrifice of the Mass throughout the world, in reparation for my sins, for the intentions of all our associates, and for the general intention recommended this month. Amen.

Act of Faith

O MY GOD, I firmly believe that you are one God in three divine persons, Father, Son and Holy Spirit. I believe that your divine Son became man and died for our sins, and that he will come to judge the living and the dead. I believe these and all the truths which the holy catholic Church teaches, because in revealing them you can neither deceive nor be deceived.

Act of Hope

O MY GOD, relying on your almighty power and infinite mercy and promises, I hope to obtain pardon of my sins, the help of your grace, and life everlasting through the merits of Jesus Christ, my Lord and Redeemer. Amen.

Act of Love

O MY GOD, I love you above all things, with my whole heart and soul, because you are all-good and worthy of all love. I love my neighbor as myself for the love of you. I forgive all who have injured me, and ask pardon of all whom I have injured. Amen.

The Act of Contrition

MY GOD, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy. Amen.

The Apostles' Creed

I BELIEVE in God, the Father almighty,
Creator of heaven and earth,
and in Jesus Christ,

his only Son, our Lord,
who was conceived
by the Holy Spirit
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended into hell;
on the third day he rose again
from the dead;
he ascended into heaven,
and is seated at the right hand
of God the Father almighty;
from there he will come to judge
the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

Peace Prayer of St. Francis

LORD, make me an instrument of your peace;
where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
and where there is sadness, joy.

Divine master, grant that I may not so
much seek

to be consoled as to console,
to be understood as to understand,
to be loved, as to love;
for it is in giving that we receive,
it is in pardoning that we are pardoned,
and it is in dying that we are born
to eternal life.

The YEAR of OUR LORD

The Church Year is a cycle of seasons and feasts that makes present for us the saving action of Jesus' life and ministry.



Catholics around the world and throughout history have shaped their faith and marked their lives by these events:

THE CHURCH YEAR IS MADE OF TWO CYCLES RUNNING AT THE SAME TIME:

- one cycle centers on the Mysteries of Christ; its seasons are Advent, Christmas, Lent, Easter and Ordinary Time.
 - the other cycle recalls those who have been sanctified by Christ—the Blessed Virgin and the saints and martyrs.
- With one cycle the Church Year honors Christ. With the other cycle it honors those who followed him closely. The community of believers, the Church, keeps observing the Church Year because it celebrates God's work of redemption.
- When Catholics observe the Church Year's feasts and seasons, they
- learn the words and acts of God that have changed history;
 - remember the birth, life, death and resurrection of our Lord for us;
 - participate in the saving events through which our Lord creates his Church and transforms our lives.

The Temporal Cycle of the Church Year revolves around three great feast days that celebrate the Mysteries of Christ—Christmas, Easter and Pentecost. The seasons that connect these days are Advent, the Christmas Season, Lent, the Easter Season, and Ordinary Time.

Advent

Begins the 4th Sunday before Christmas in preparation for Christ's coming. The feast of the Immaculate Conception of the Blessed Virgin Mary is celebrated during this season.

Christmas Season

2 weeks of celebration of Christ's birth, leading to Epiphany, the "Christmas of the Gentiles," and the Baptism of our Lord.

Ordinary Time Part 1

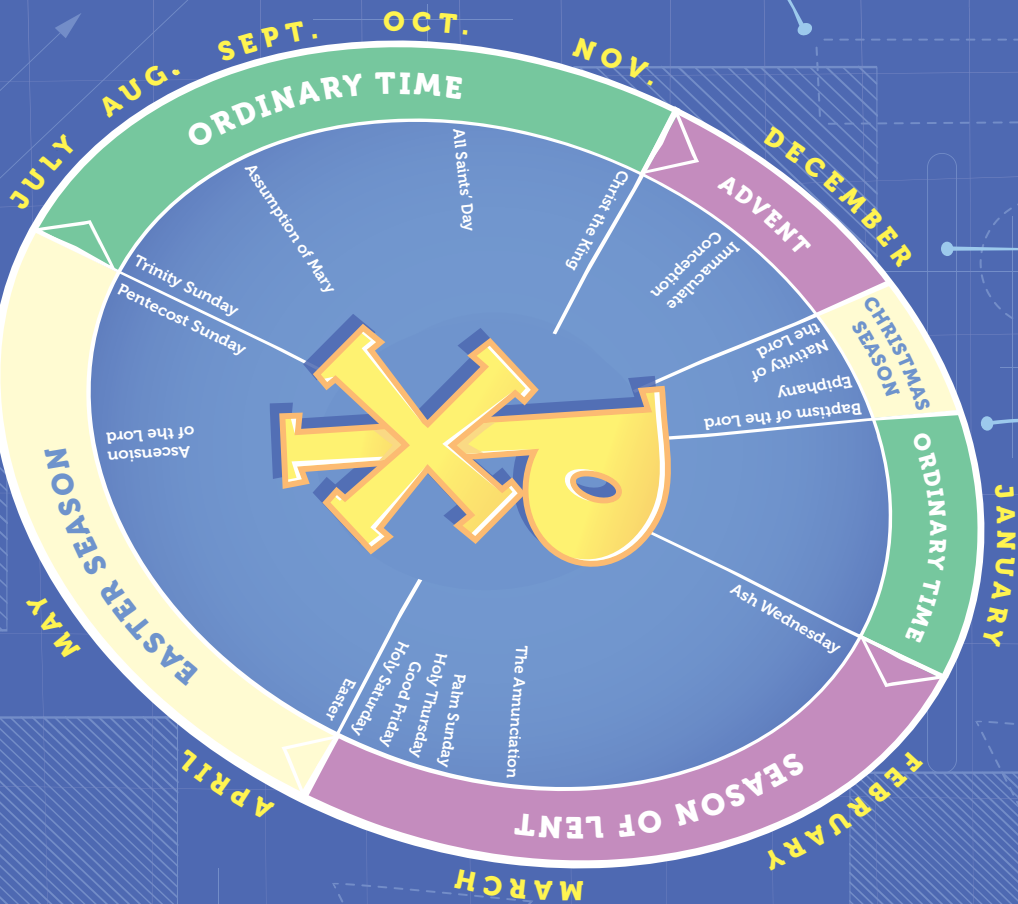
4 to 9 weeks between the Christmas Season and Lent.

Lent

Ash Wednesday followed by 40 days of preparation for Easter, concluding at the three days of the Triduum, the very center of the whole church year.

Holy Week

Passion Sunday followed by The Easter Triduum, the three days beginning with the Mass of the Lord's Supper on Holy Thursday and ending with Vespers on Easter Sunday.



Easter Season

Easter Sunday followed by 50 days of rejoicing, including the Ascension, leading to the season's climax, Pentecost.

Ordinary Time Part 2

2 dozen weeks from Holy Trinity Sunday to Christ the King Sunday. The feast of All Saints is celebrated late in this season.

2024

<p>—JANUARY—</p> <p>S M T W T F S</p> <p>1 2 3 4 5 6</p> <p>7 8 9 10 11 12 13</p> <p>14 15 16 17 18 19 20</p> <p>21 22 23 24 25 26 27</p> <p>28 29 30 31</p>	<p>—FEBRUARY—</p> <p>S M T W T F S</p> <p>1 2 3</p> <p>4 5 6 7 8 9 10</p> <p>11 12 13 14 15 16 17</p> <p>18 19 20 21 22 23 24</p> <p>25 26 27 28 29</p>	<p>—MARCH—</p> <p>S M T W T F S</p> <p>1 2</p> <p>3 4 5 6 7 8 9</p> <p>10 11 12 13 14 15 16</p> <p>17 18 19 20 21 22 23</p> <p>24 25 26 27 28 29 30</p> <p>31</p>	<p>—APRIL—</p> <p>S M T W T F S</p> <p>1 2 3 4 5 6</p> <p>7 8 9 10 11 12 13</p> <p>14 15 16 17 18 19 20</p> <p>21 22 23 24 25 26 27</p> <p>28 29 30</p>
<p>—MAY—</p> <p>S M T W T F S</p> <p>1 2 3 4</p> <p>5 6 7 8 9 10 11</p> <p>12 13 14 15 16 17 18</p> <p>19 20 21 22 23 24 25</p> <p>26 27 28 29 30 31</p>	<p>—JUNE—</p> <p>S M T W T F S</p> <p>1</p> <p>2 3 4 5 6 7 8</p> <p>9 10 11 12 13 14 15</p> <p>16 17 18 19 20 21 22</p> <p>23 24 25 26 27 28 29</p> <p>30</p>	<p>—JULY—</p> <p>S M T W T F S</p> <p>1 2 3 4 5 6</p> <p>7 8 9 10 11 12 13</p> <p>14 15 16 17 18 19 20</p> <p>21 22 23 24 25 26 27</p> <p>28 29 30 31</p>	<p>—AUGUST—</p> <p>S M T W T F S</p> <p>1 2 3</p> <p>4 5 6 7 8 9 10</p> <p>11 12 13 14 15 16 17</p> <p>18 19 20 21 22 23 24</p> <p>25 26 27 28 29 30 31</p>
<p>—SEPTEMBER—</p> <p>S M T W T F S</p> <p>1 2 3 4 5 6 7</p> <p>8 9 10 11 12 13 14</p> <p>15 16 17 18 19 20 21</p> <p>22 23 24 25 26 27 28</p> <p>29 30</p>	<p>—OCTOBER—</p> <p>S M T W T F S</p> <p>1 2 3 4 5</p> <p>6 7 8 9 10 11 12</p> <p>13 14 15 16 17 18 19</p> <p>20 21 22 23 24 25 26</p> <p>27 28 29 30 31</p>	<p>—NOVEMBER—</p> <p>S M T W T F S</p> <p>1 2</p> <p>3 4 5 6 7 8 9</p> <p>10 11 12 13 14 15 16</p> <p>17 18 19 20 21 22 23</p> <p>24 25 26 27 28 29 30</p>	<p>—DECEMBER—</p> <p>S M T W T F S</p> <p>1 2 3 4 5 6 7</p> <p>8 9 10 11 12 13 14</p> <p>15 16 17 18 19 20 21</p> <p>22 23 24 25 26 27 28</p> <p>29 30 31</p>

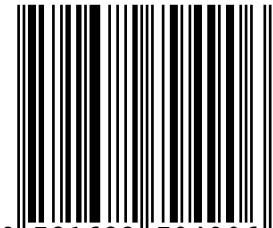
2025

<p>—JANUARY—</p> <p>S M T W T F S</p> <p>1 2 3 4</p> <p>5 6 7 8 9 10 11</p> <p>12 13 14 15 16 17 18</p> <p>19 20 21 22 23 24 25</p> <p>26 27 28 29 30 31</p>	<p>—FEBRUARY—</p> <p>S M T W T F S</p> <p>1</p> <p>2 3 4 5 6 7 8</p> <p>9 10 11 12 13 14 15</p> <p>16 17 18 19 20 21 22</p> <p>23 24 25 26 27 28</p>	<p>—MARCH—</p> <p>S M T W T F S</p> <p>1</p> <p>2 3 4 5 6 7 8</p> <p>9 10 11 12 13 14 15</p> <p>16 17 18 19 20 21 22</p> <p>23 24 25 26 27 28 29</p> <p>30 31</p>	<p>—APRIL—</p> <p>S M T W T F S</p> <p>1 2 3 4 5</p> <p>6 7 8 9 10 11 12</p> <p>13 14 15 16 17 18 19</p> <p>20 21 22 23 24 25 26</p> <p>27 28 29 30</p>
<p>—MAY—</p> <p>S M T W T F S</p> <p>1 2 3</p> <p>4 5 6 7 8 9 10</p> <p>11 12 13 14 15 16 17</p> <p>18 19 20 21 22 23 24</p> <p>25 26 27 28 29 30 31</p>	<p>—JUNE—</p> <p>S M T W T F S</p> <p>1 2 3 4 5 6 7</p> <p>8 9 10 11 12 13 14</p> <p>15 16 17 18 19 20 21</p> <p>22 23 24 25 26 27 28</p> <p>29 30</p>	<p>—JULY—</p> <p>S M T W T F S</p> <p>1 2 3 4 5</p> <p>6 7 8 9 10 11 12</p> <p>13 14 15 16 17 18 19</p> <p>20 21 22 23 24 25 26</p> <p>27 28 29 30 31</p>	<p>—AUGUST—</p> <p>S M T W T F S</p> <p>1 2</p> <p>3 4 5 6 7 8 9</p> <p>10 11 12 13 14 15 16</p> <p>17 18 19 20 21 22 23</p> <p>24 25 26 27 28 29 30</p> <p>31</p>
<p>—SEPTEMBER—</p> <p>S M T W T F S</p> <p>1 2 3 4 5 6</p> <p>7 8 9 10 11 12 13</p> <p>14 15 16 17 18 19 20</p> <p>21 22 23 24 25 26 27</p> <p>28 29 30</p>	<p>—OCTOBER—</p> <p>S M T W T F S</p> <p>W T F S</p> <p>1 2 3 4</p> <p>5 6 7 8 9 10 11</p> <p>12 13 14 15 16 17 18</p> <p>19 20 21 22 23 24 25</p> <p>26 27 28 29 30 31</p>	<p>—NOVEMBER—</p> <p>S M T W T F S</p> <p>1</p> <p>2 3 4 5 6 7 8</p> <p>9 10 11 12 13 14 15</p> <p>16 17 18 19 20 21 22</p> <p>23 24 25 26 27 28 29</p> <p>30</p>	<p>—DECEMBER—</p> <p>S M T W T F S</p> <p>1 2 3 4 5 6</p> <p>7 8 9 10 11 12 13</p> <p>14 15 16 17 18 19 20</p> <p>21 22 23 24 25 26 27</p> <p>28 29 30 31</p>

Find Sunday's Mass readings, fun videos, informative church year resources and information about our Catholic Faith throughout the school year **HERE!**



ISBN 9781682794906



9 781682 794906