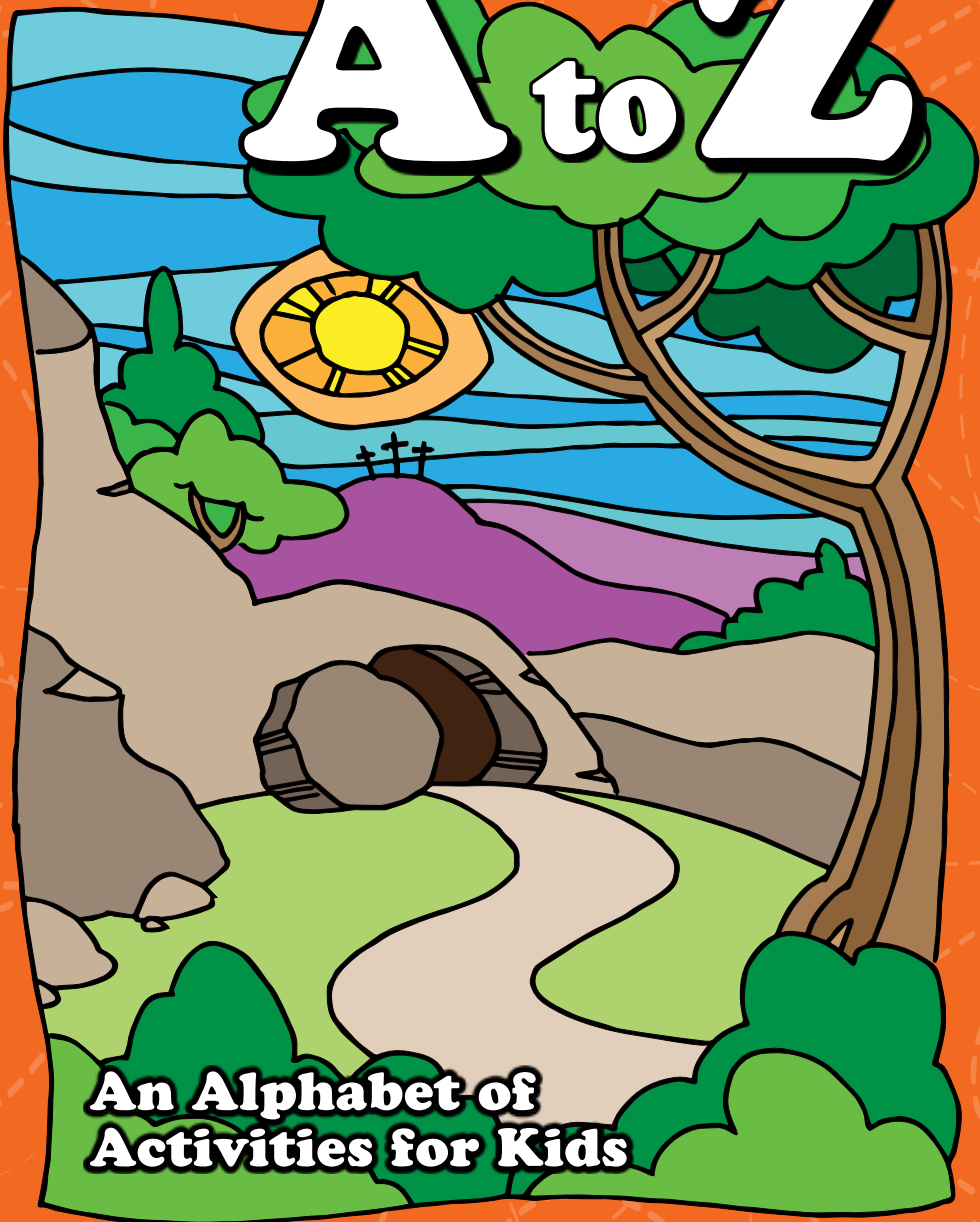


# Lent

from

# A to Z



**An Alphabet of  
Activities for Kids**

# Lent from A to Z



**An Alphabet of  
Activities for Kids**



**A****is for Ashes on my head.  
This is how Lent begins.**

Draw your face in this space so that this ASH cross is on your forehead.

*You are dust, and to dust you shall return.*

*Genesis 3:19*

**A****is an Apple, bright and red  
and for old Adam's sins.**

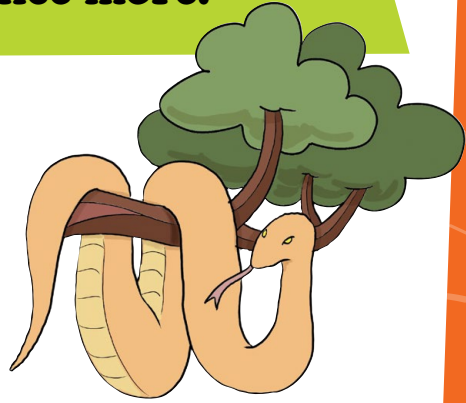
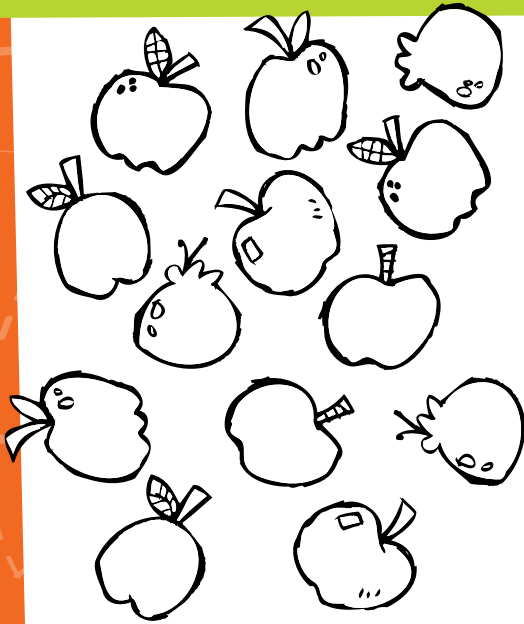
Find the words from the garden story hidden in the puzzle.



**ADAM  
FRUIT  
EVE • ATE  
SERPENT  
EDEN • SIN  
TREE**

S	E	I	N	G	F	N	S	R
Q	T	D	O	W	M	B	I	T
A	I	S	E	P	A	T	N	R
T	U	G	H	N	D	E	C	E
E	R	G	T	E	P	Y	D	E
L	F	T	O	R	E	T	A	L
D	E	X	E	N	L	D	E	R
N	J	S	I	V	A	R	R	D
G	I	U	K	M	E	J	B	V

**B** is for Bruise. God's Son must die.  
But he'll Be Back once more.

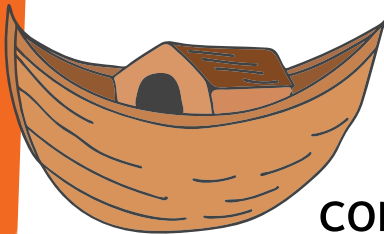


Read Genesis 3:15.

Then pick the tempting fruit that does not have a pair.

**B** is for the Boat that Brought a family Back to shore.

Fill in the blanks with the words below.



\_\_\_\_\_ did \_\_\_\_\_

just as God \_\_\_\_\_

him. —Genesis 6:22

commanded • Noah  
everything

**C**

## is for a Call to move. Load up the Caravan.

*God told a man named Abraham  
that it was time to go.  
Move to a land that God had planned  
so God's people can grow!*

Can you think of 3  
words that mean the same  
thing as PROMISE?

---

---



---

*God promised him a baby boy,  
though he was very old.  
And faithful Abraham believed.  
He did as he was told.*

**C**

## is for the Covenant God made with Abraham.

God promised Abraham  
as many descendants as there  
are stars in the sky.  
Count the stars on  
this page.

**D** is for Joseph's many Dreams.  
His brothers all will bow.

Draw a picture of a happy dream you have had.



*Then [Joseph] dreamed another dream and told it to his brothers and said, "Behold, I have dreamed another dream. Behold, the sun, the moon, and eleven stars were bowing down to me."*  
—Genesis 37:9

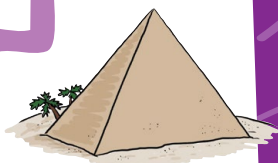
**D** is a Destination. They move Down to Egypt now.



Help this DONKEY find the right path DOWN to Egypt.



You've reached your DESERT DESTINATION.



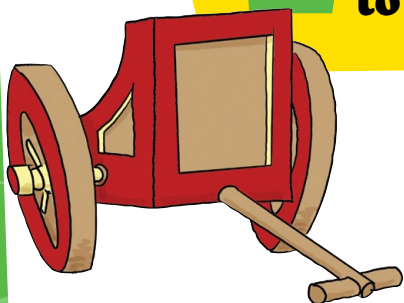
**E** is for Egypt so far away.  
God's people are Enslaved.

Draw a picture of Moses,  
the person God chose to lead  
God's people out of Egypt.



*I have come down to deliver  
[my people] out of the hand  
of the Egyptians and to bring  
them up out of that land to ...  
a land flowing with milk and  
honey. Exodus 3:8*

**E** is Escape. God has a plan  
to Exit through the waves.



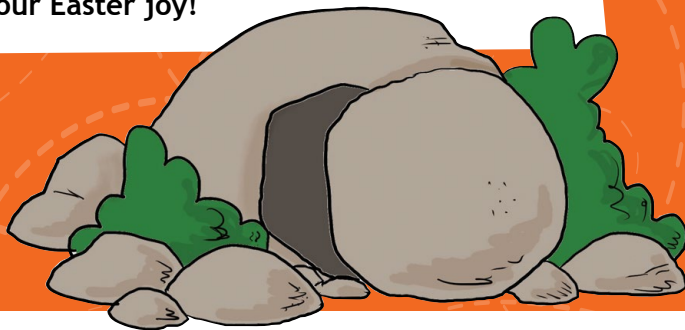
dry • waters • sea  
divided • Israelites

The \_\_\_\_\_ were \_\_\_\_\_, and  
the \_\_\_\_\_ went through the \_\_\_\_\_  
on \_\_\_\_\_ ground. —Exodus 14:21-22

# Lent from A to Z

## An Alphabet of Activities for Kids

The poems and activities in this little booklet provide the perfect primer for primary children to learn about the season of Lent alphabetically. From the Ashes of Ash Wednesday to the zooming race to the open tomb, young children will discover that Jesus is truly the Alpha and Omega: the beginning, middle and end of all our Easter joy!



Lent A to Z by David Mead. Art by Brian King. © 2025 Creative Communications for the Parish, a division of Bayard, Inc.. All rights reserved. Printed in the USA.



1564 Fencorp Dr., Fenton, MO 63026  
800-325-9414 • [www.creativecommunications.com](http://www.creativecommunications.com) LN9

